

# Your health plan now **includes a yearly eye exam**

## at no added cost

Regular eye exams provide a unique opportunity to find and detect serious health conditions like high blood pressure, heart disease, and diabetes, so we are including a comprehensive eye exam in your medical coverage. Discovering these conditions early on when they are easier to treat can help keep you healthier and lower your healthcare costs.

This eye exam is included at no extra cost through your medical plan.

## Expanded benefits to cover your whole health

141,000 people were identified with a high-risk health condition through an Anthem vision claim in 2020\*

## This eye exam is offered through Anthem's Blue View Vision network

- Dedicated vision providers with proven expertise
- More than 40,000 eye doctors to choose from
- 30,000+ locations nationwide, including independent optometrists and ophthalmologists, and vision retail stores

## Details of your new benefit

Your new eye exam is all-inclusive with dilation and refraction. The benefit can be used once during each calendar or plan year.

For more information, refer to your health plan benefit information or contact your human resources department. Or visit [anthem.com/ca](https://www.anthem.com/ca) or download the Sydney<sup>SM</sup> Health mobile app for benefit information when and where you need it.

Anthem 



\* Anthem internal data, 2021.

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